

# Surf Life Saving Illawarra



**2007 Year  
of the Surf  
Lifesaver**

## Circular 08023

**To:** Club Executives  
**From:** Adriana Gervaise  
**Date:** 1<sup>st</sup> December 2008  
**Subject:** 2008 Girls Surf Camp

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Surf Life Saving Illawarra will be holding a Girls Learn to Surf Weekend on Sunday 21<sup>st</sup> & Monday 22<sup>nd</sup> December 2008 at Thirroul SLSC.

### **Overview**

The weekend is open to all members aged between 13 – 17 who hold an SLSA accredited Surf Rescue Certificate or Bronze Medallion. It is anticipated that involvement in this camp will allow each participant to produce ongoing achievements as a result of establishing a new network of members and through involvement in other components such as leadership development, team building and heaps of "Serious fun!".

The attached form is to be forwarded to Surf Life Saving Illawarra by Friday 15<sup>th</sup> December 2008. All applications are to accompany a cheque for \$50.00 made payable to Surf Life Saving Illawarra.

### **Timing**

The SLSI Girls Learn to Surf Weekend is co-ordinated by Surf Life Saving Illawarra in coordination with the Illawarra Youth Activities Committee. This year the camp will be taking place on Sunday 21 & Monday 22 December 2008 at Thirroul SLSC.

Participants are asked to be in attendance by 9:00am on Sunday and to be picked up by 1:00pm on the Monday.

Successful and unsuccessful participants will be notified with a letter from SLSI.

**Accommodation** - Participants will be staying at Thirroul SLSC.

**Lessons** - Lessons will be carried out at McCauley's Beach Thirroul. The surfing lessons will be conducted by Bliss Surf School who are a fully accredited surfing school and insured with Surfing Australia. All instructors are bronze holders.

The use of all surfboards, rash shirts, and wetsuits is included as part of the lessons. Participants may bring their own gear if they wish; however they will not be permitted to use their own boards in lessons due to insurance purposes. It is anticipated that all participants will receive one lesson on Sunday and another on the Monday of the camp.



### ***What to Bring***

- ✓ Clothes for 2 days including warm clothes
- ✓ Something to wear to bed
- ✓ Swimmers
- ✓ 2 towels one for the beach and one for showering
- ✓ Sunscreen, hat, sunnies
- ✓ Toiletries
- ✓ Mattress, sleeping bag or doona and pillow
- ✓ Any medication
- ✓ Rash shirt
- ✓ Surf Board (Optional)
- ✓ Wet Suit (Optional)
- ✓ Junk food for at night

### ***Incentive***

Feedback from the girls who have attended in previous years is that it was a fantastic weekend and they all had a brilliant time!

For further information regarding the weekend please contact Amanda Scott at Surf House on 42283884 or Adriana Gervaise 0404 134 012.



**GIRLS SURF CAMP APPLICATION FORM**  
(Please return to Branch by Monday 15 December 2008)

**1.0 Personal Details**

Name \_\_\_\_\_ Club \_\_\_\_\_  
DOB \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Phone (H) \_\_\_\_\_  
(W) \_\_\_\_\_  
(M) \_\_\_\_\_  
Email \_\_\_\_\_

**2.0 Medical Details**

**Note:** Due to Australian Govt. legislation Surf Life Saving Illawarra's personal accident insurance cannot cover medical expenses. These can only be claimed through a medical fund. Accordingly, medical expenses incurred during the program is the participant's responsibility.

1. Are you currently taking medication?  Yes  No
2. Do you have any allergies?  Yes  No
3. Do you have any special dietary requirements?  Yes  No
4. Do you have any limiting disabilities, injuries or illnesses?  Yes  No
5. Do you have any other Medical conditions that Surf Life Saving Illawarra needs to be aware of?  Yes  No
6. Medicare Number: \_\_\_\_\_
7. Do you have private health cover?  Yes  No  
Provider: \_\_\_\_\_  
Type of cover: \_\_\_\_\_  
Member number: \_\_\_\_\_



## 2.1 Emergency Contact:

Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Phone (B) \_\_\_\_\_  
(H) \_\_\_\_\_  
(M) \_\_\_\_\_

I hereby acknowledge upon signing of this declaration that I retain sole responsibility for my safety and personal possessions while participating in Surf Life Saving Illawarra Girls Surf Camp 2008. I acknowledge and understand that activities in the Surf Camp may be physically challenging and I hereby attend and verify that I have no, or have disclosed any limiting disabilities that may restrict my participation in the camp program. I consent to receive medical attention, which may be deemed advisable in the event of injury or accident in travelling to and from the camp and during my participation I agree to abide by the SLSA Membership Protection Policy and Code of Conduct.

If under 18years of age to be explained to participant and signed by parent or guardian

Signature \_\_\_\_\_  
Participant's Full Name \_\_\_\_\_  
D.O.B \_\_\_\_\_

## 3.0 Code of Conduct

1. Once registered, with the Manager, there are no departures without the approval of the Program Manager. Participants will only be able to depart given extraordinary circumstances.
2. As a program participant, you are representing Surf Life Saving Australia, Surf Life Saving New South Wales, Surf Life Saving Illawarra, your club, your family and sponsors. No discredit should be brought to any of the above.
3. No disrespect will be tolerated under any circumstances.
4. Any problems are to be immediately reported to the Program Manager and / or the designated Member Protection Officers.
5. While at the Camp, you will be sharing rooms with fellow program participants of the same gender. . There is to be no interference with other people's property. Rooms and property are to be treated with respect. Any use of telephones and other services are at your expense
6. All instructions from the Program Manager and Leaders are expected to be adhered to. Any problems or difficulties are to be raised with the Program Manager.
7. Breaches of any Code of Conduct or the SLSA Membership Protection Policy may lead to immediate expulsion from the camp.

I agree to abide by this Code of Conduct.

If under 18years of age to be explained to participant and by signed by parent or guardian

Signature \_\_\_\_\_  
Participant's Full Name \_\_\_\_\_  
D.O.B \_\_\_\_\_



